



# What's Up at Westi?



Westminster Public School



November, 2023



Check out our Facebook page at:

<https://www.facebook.com/WestiWildcats>

## Parent Council Corner

### Parent Council Members for 2023-24

Chair - Brodie Church

Secretary - Gil Pankhurst

Treasurer - Nina Vanderlinden

Fundraising Coordinator—Maria Psihogios

Voting Members—Krista Parker, Bree Gleason

Next Meeting is November 20th at 6pm



Watch for our exciting holiday fundraiser coming soon!! Local Caramels. Great holiday gift idea.



**My Family Room** Contact the office if you would like help setting up your account. Attendance/Field Trip forms/Hot Lunch payments can all be done using this.

### Nut Free and Scent Free School

Help us keep our school safe for all!



### Health Unit E-Bits

**Teens Can Be Resilient! A Guide for Parents & Caregivers.** To become more resilient, teens need supportive relationships, healthy coping, optimistic thinking, emotional awareness, and skills for living. Check out this [guide](#) for practical tips on how to build resiliency in your teens.

**Packing a Safe Lunch.** Lunch provides the fuel kids need to make it through the school day; however if it is not prepared and stored safely, it can put your kids at risk of food borne illness. There are four basic food safety principles that when followed can help you prepare safe meals: Separating, Cleaning, Cooking and Chilling. For more details, check out this [fact sheet](#). **Need lunch ideas?** Visit: [What's for Lunch? \(Elementary Version\)](#) and/or [What's for Lunch? \(Secondary Version\)](#).

Our Cross Country Team enjoyed a fantastic season and great weather at each meet! We are proud of our Wildcat Athletes. We participated in the Rideau Meet, Commonwealth Meet, Regional and UC Cup. There were many ribbons and medals won by Westminster students.



## November 15th



# RETAKES

Students who attended UC Cup  
this is your picture day.

## Progress Reports

### Progress Reports go home on November 17th.

The report is a chance for you to gain information on how your child/ren are doing academically at school up to this point in the year. The information you see is gathered from diagnostic testing in math and literacy, as well as classroom discussions, independent work and observations.

Please reach out to the classroom teacher to discuss the report if you have questions or concerns. They would be able to offer next steps for student academic growth and provide suggestions for at home learning to enhance or support any learning struggles. It is always important to view the home and school connection as an important team in the learning process.

*"Education is the passport to the future, for tomorrow belongs to those who prepare for it today"* Malcolm X

### Special Recognition Days in November

Nov. 6-10 - Treaties Recognition Week  
Nov. 8 - Indigenous Veterans Day  
Nov. 11 - Remembrance Day  
Nov.13 - World Kindness Day  
Nov.13-17 - Bullying Awareness and Prevention Week  
Nov. 27-Dec1 - Holocaust Education Week

### STEO

If you have questions about your child's transportation, please contact "Student Transportation of Eastern Ontario" at:

1-855-925-0022.



### Brazil Student Visitors

We enjoyed having students from another country visiting our school. They taught us about Brazil and we taught them about Canada. The older students held a pancake breakfast for them so they could taste yummy Canadian maple syrup!



### Student Safety Reminders

- Supervision in the morning does not start until 9:25am please do not leave your child/ren unattended in the arrival line.
- If you have a custody agreement it is important that the office be notified and documentation submitted.

### School Clothing Orders

If you are looking to order school clothing please check out [tisportswear.com](https://tisportswear.com)

There is a variety of choices in clothing. We have also added clothing for Pink Shirt Day...check it out! Order cut off for guaranteed Christmas delivery is Nov. 12th.



**Our Students will be taking part in a  
Remembrance Day Service here at the school.**



**Lest We Forget.**

Weather is changing and the days are growing colder. Please remember to encourage your children to dress appropriately for the weather to ensure they stay dry and warm during our fun outdoor play time each day.

