



# What's Up at Westi?



Westminster Public School

January, 2020

Check out our Facebook page at:

<https://www.facebook.com/WestiWildcats>



## School Improvement Plan

Visit our Westminster school website to view our School Improvement Plans in Literacy, Numeracy and Wellness.

[http://westminster.ucdsb.on.ca/our\\_school/School\\_Improvement\\_Plan\\_for\\_Student\\_Achievement](http://westminster.ucdsb.on.ca/our_school/School_Improvement_Plan_for_Student_Achievement)

## YOGA for Students

Attention all Westi Wildcats...we will be offering Yoga each Tuesday during Recess by Yoga Dan from Subramanya Yoga Studio's in Brockville.

Yoga is said to offer the following benefits in schools; reduction in anxiety and stress, increased academic performance, improved emotional regulation, improved general well-being, and improved self-confidence/regulation. Taken from: [https://greatergood.berkeley.edu/article/item/seven\\_ways\\_that\\_yoga\\_is\\_good\\_for\\_schools](https://greatergood.berkeley.edu/article/item/seven_ways_that_yoga_is_good_for_schools)

Namaste Westi Wildcats!



## School Updates/Reminders:

- Safe arrival: The UCDSB's Safe Arrival policy requires that we know the whereabouts of all students who are not at school. If your child is going to be away, please ensure that you contact us via the My Family Room account or call the Office (613) 345-5552. A part of the Board's policy is to involve Family and Children's Services and/or Police Services if we do not confirm the whereabouts of a child. It is essential that you report absences. We thank you in advance for supporting us in our attendance procedures.
- Always practice your WITS: W – Walk away, I – Ignore, T – Talk it out, S – Seek help
- Westminster is a Scent Free school—please refrain from wearing scents
- Bus lane: To ensure student safety, the bus lane is closed as the busses load and unload daily from 8:15-9:15 am and 1:45-3:00 pm.
- Inclement Weather: If buses are cancelled, information will be posted to school web sites and will also be announced on local radio stations starting at 6:15 am.
- Student cellphone/personal device use is at the discretion of the supervising

## Parent Council Corner

- Our Parent Council meets the second Tuesday of each month at 6:00 pm. New members are always welcome.
- Minutes once approved may be found on our school website
- Spring Carnival planning is already underway. If you can donate some time, please let us know.

## After School Reading Club

We are looking for volunteers to assist with an after school literacy club. If you are interested, please contact Danielle Ouellet at 613-345-5552.



## Message from Administration – D. Ouellet/J. Purvis

Welcome back to another fun-filled month of learning. We hope that everyone had a restful break and are ready to get back into routine. January is a time to reflect back on the past year and make goals or resolutions for the year to come. Our goal at Westminster is to continue to strive to have everyone feel a part of our Wildcat family. Through learning opportunities, we want students to feel good about themselves socially, emotionally and academically. January is a very busy month. We will be introducing some new programs and opportunities for our students. Big Brothers/Big Sisters will be working with some junior classes on a Resiliency program focusing on stress management, self-confidence and offering strategies to help our students as they move throughout their educational career. We will also be partnering with our local Police Department and RNJ to offer a Choices program which will give our students strategies to make good choices. An after school Literacy Club will be coming to Westminster where students will focus on reading and writing. It is time once again for Kindergarten and Grade 6 registration, information will be coming home and posted on our facebook page. Westminster is a wonderful school full of opportunities.

**Happy New Year to each and everyone!**

Go, Wildcats!





# January 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6 Welcome Back!	7	8 Hot Lunch: Hot dogs Club Day: Lego, Cards and Colouring	9 Grade 6 students at Wedgewood for Intergenerational Learning Club Day: Lego	10 Hot Lunch: Pizza	11
12	13	14 Recess Yoga  Book Club  Parent Council 6-7	15 Hot Lunch: Hot dogs  Patrick Cheechoo's Artists in the Classroom (am) Club Day: Lego, Cards and Colouring	16 Club Day: Lego	17 Hot Lunch: Pizza	18
19	20 Hot lunch orders due for February	21 Grade 6 visit to the Brockville Museum	22 Hot Lunch: Hot dogs Club Day: Lego, Cards and Colouring	23 Club Day: Lego	24 Hot Lunch: Pizza	25
26	27	28 Recess Yoga	29 Ski Trip Hot Lunch: Hot dogs Club Day: Lego,	30 Club Day: Lego	31 PA Day	



**Welcome back Wildcats to a New Year. 2020 will be an amazing year of learning!**

